

Southern Illinois Regional EMS System

EE-6 ALTERED MENTAL STATUS

ALS/ILS/BLS:

- Adult Patient Assessment and General Care protocol
- Consider Spinal Immobilization protocol
- Oxygen 15LPM NRB.
- Obtain and record blood glucose level.
- Obtain thorough medication history as possible:
- Vomiting and seizure precautions.

- Blood Glucose < 60 and Signs and Symptoms of Insulin Shock/Hypoglycemia
 - Treat per the Diabetic Glucose Emergencies protocol.
 - Contact Medical Control
 - Monitor airway status

- Blood Glucose > 200 or Signs and Symptoms of Hyperglycemia/Ketoacidosis:
 - Treat per the Diabetic Glucose Emergencies protocol.
 - Contact Medical Control
 - Monitor airway status

- Blood Glucose Levels Within Normal Ranges:
 - Secure and maintain airway.
 - (ALS/ILS) Continue IV/IO TKO
 - Contact Medical Control.
 - Continue to monitor O₂ sat.
 - If respiratory rate and effort are inadequate:
 - Consider administering **Naloxone 2mg-4mg** IV/IO/IM/Atomized.
 - BLS: intranasal route only
 - Consider and treat any possible underlying causes per appropriate protocol.
 - Transport
 - Continue to monitor ABCs and mental status enroute to emergency department.