

# Southern Illinois Regional EMS System

## L-6 FIRST RESPONDER GENERAL PATIENT ASSESSMENT/INITIAL MEDICAL CARE

1. General Patient Assessment:
  - 1.1. Primary Survey:
    - 1.1.1. Airway – establish and maintain an airway. Utilize cervical spine precautions when indicated.
    - 1.1.2. Breathing - provide or assist ventilation as indicated.
    - 1.1.3. Circulation – check pulse and control hemorrhage as indicated.
    - 1.1.4. Disability – neurological exam:
      - 1.1.4.1. A – Alert.
      - 1.1.4.2. V – Responds to verbal stimuli.
      - 1.1.4.3. P – Responds to painful stimuli.
      - 1.1.4.4. U – Unresponsive.
    - 1.1.5. Expose and examine as indicated.
  2. Secondary Survey:
    - 2.1. Vital signs and, where applicable, Glasgow Coma Scale.
    - 2.2. Systematic head-to-toe assessment.
    - 2.3. History of present illness or injury.
    - 2.4. Past medical history, drugs, allergies.
  3. Initial Medical Care:
    - 3.1. Loosen tight clothing and reassure patient. Place patient in semi-fowlers position or position of comfort unless contraindicated.
    - 3.2. Oxygen 4-6 LPM nasal canula or simple mask unless otherwise specified. If unstable, increase oxygen to 100% by NRB or assist with BVM.
    - 3.3. Contact transporting EMTs as soon as possible.
    - 3.4. Reassess and record vital signs and patient condition at least every 5-10 minutes until relieved by the EMT.
  4. Note:
    - 4.1. Use Universal Blood and Body Secretion Precautions on all patients.